

Verulam ASC



Affiliated to ASA East Region and Hertfordshire ASA

VERULAM ASC AUTUMN CLUB CHAMPS

Held under ASA Laws and Regulations and ASA Technical Rules of Racing and to the ASA Open Meet Licensing Criteria

Saturday 23rd September, 2017 4ER171626

Saturday 18th November, 2017 4ER171627

Sign in 5:45pm for a 6:15pm warm-up. Events start at 6:45pm
Westminster Lodge Leisure Centre, Holywell Hill, St Albans AL1 2DL

ENTRY FORM - 10yrs and under (as of 18th November)

Swimmers Name: _____

Age as of 18th November, 2017 _____

Each swimmer should tick either yes or no for each event. If you don't enter an event you will score 10 points therefore reducing your chances of winning the overall trophy. If you enter and get disqualified you only score 8 points.

Saturday 23rd September 2017

Event	Yes	No
50m Breaststroke		
50m Butterfly		
200m Freestyle		

Saturday 18th November 2017

Event	Yes	No
50m Backstroke		
50m Freestyle		
100m Individual Medley		

As always parental help is vital

Please insert **name(s)** of parents able to help on the night:

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I have enclosed £5 entry fee per swimmer per night:

Payment by electronic transfer (ref swimmer's name and club champs) or by cheques made payable to "Verulam ASC"

Saturday 23rd September

Saturday 18th November

Forms to be returned to your coach or a committee member by Friday 15th September

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Westminster Lodge Leisure Centre, Holywell Hill, St Albans AL1 2DL

ENTRY FORM – 11-12 yrs (as of 18th November)

Swimmers Name: _____

Age as of 18th November, 2017 _____

Each swimmer should tick either yes or no for each event. If you don't enter an event you will score 10 points therefore reducing your chances of winning the overall trophy. If you enter and get disqualified you only score 8 points.

Saturday 23rd September 2017

Event	Yes	No
100m Individual Medley		
100m Backstroke		
50m Butterfly		
200m Freestyle		

Saturday 18th November 2017

Event	Yes	No
100m Freestyle		
100m Breaststroke		
200m Individual Medley		

As always parental help is vital

Please insert **name(s)** of parents able to help on the night:

I have enclosed £5 entry fee per swimmer per night:

Payment by electronic transfer (ref swimmer's name and club champs) or by cheques made payable to "Verulam ASC"

Saturday 23rd September

Saturday 18th November

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ENTRY FORM – 13 +years (as of 18th November)

Swimmers Name: _____

Age as of 18th November, 2017 _____

Each swimmer should tick either yes or no for each event. If you don't enter an event you will score 10 points therefore reducing your chances of winning the overall trophy. If you enter and get disqualified you only score 8 points.

Saturday 23rd September 2017

Event	Yes	No
100m Individual Medley		
100m Backstroke		
100m Butterfly		
200m Freestyle		

Saturday 18th November 2017

Event	Yes	No
100m Freestyle		
100m Breaststroke		
200m Individual Medley		

As always parental help is vital

Please insert **name(s)** of parents able to help on the night:

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I have enclosed £5 entry fee per swimmer per night:

Payment by electronic transfer (ref swimmer's name and club champs) or by cheques made payable to "Verulam ASC"

Saturday 23 rd September	Saturday 18 th November
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