

VERULAM AMATEUR SWIMMING CLUB

(Affiliated to ASA East Region)

www.verulam-asc.org.uk

MISSION STATEMENT

Verulam is committed to fostering a friendly club environment that allows all its members to enjoy swimming as part of a healthy lifestyle. In particular, we:

- **welcome swimmers of all abilities, ensuring they can achieve their goals**
- **place strong emphasis on teaching and developing swimming skills**
- **provide a stretching training and competitive regime for the more able swimmers**